

Session #1 Client Action Guide

| My specific, measurable outcome in 90 days is: |
|--|
| |
| My Big MOFA Is: |
| |
| My Anchors Are: |
| 1. |
| 2. |
| 3. |
| |
| Clutter I'm Clearing to Make Room for What I Truly Desire: |



| My Action Steps for This Sessi | on Are: |
|--------------------------------|---------|
|--------------------------------|---------|

1.

2.

3.