Teachers can foster the development of a growth mindset in students through:



Teaching about the differences between a fixed and a growth mindset.



Teaching about the brain, its malleability and how it creates new pathways and connections for learning.



Creating a supportive classroom environment where persistence, effort and mistakes are embraced, analysed and celebrated.



Setting learning goals with students and monitoring their progress.



Making growth mindset language a part of everyday teaching, not as an added 'extra' or something specific to certain subjects or themes.



Praising effort, struggle, persistence, choosing difficult tasks, learning, strategies, choices and improving.



Embracing a whole school approach to developing growth mindset language across all subjects.



Participating in whole school activities that promote the benefits of developing a growth mindset.